

WHAT IS EARLY MONTHLY CYCLE?

There are several causes of an early period. It could be stress, changes in your lifestyles, or a hormonal imbalance triggering menorrhagia along with irregular cycles. Although the average cycle is 28 days, it is perfectly normal to have a cycle that is as short as 21 days or as long as 35 days.

EARLY PERIOD CAUSES INCLUDE:

- Hormonal imbalance.
- Illness.
- Taking certain medications.
- Menopause.
- Over-exercising.
- Poor nutrition.
- Stress.
- Sudden weight gain or loss.

SYMPTOMS OF EARLY MONTHLY CYCLE

- Implantation bleeding (spotting) and cramps. ...
- Nausea and vomiting. ...
- Vaginal discharge. ...
- Tiredness and fatigue. ...
- Breast tenderness. ...
- Frequent urination. ...
- Elevated body temperature. ...
- Food cravings or aversions.

NEUROTHERAPY TREATMENT

- (4) Spl
- (4) Mu
- (4) Lt Ov
- (4) Mu⁰
- (2) Acid
- (2) Adr